

Eden Aldrich, RNP

STANDING ORDER

ACID INDIGESTION/GAS

I. ASSESSMENT

- A. Obtain medical history to rule out cardiac disease or history of ulcers.
- B. Assess for subjective complaints of indigestion, heartburn and gas.
- C. Obtain history from inmate regarding prior prescription, OTC use, history of GERD, chronic NSAID usage (equivalent to \geq ibuprofen 1800 mg/day for >14 days), or regular alcohol intake.

II. MANAGEMENT

- A. Patient may request liquid antacid and/or antacid tablets during A.M. and P.M. medication pass.
- B. Report excess use or requests (daily OTC use for >10 days) to Facility Provider
- C. Patient may also access Antacid tablets through commissary.

III. EVALUATION

- A. Instruct inmate to notify Facility Nurse if reassessment is needed to determine if consultation with the Facility Provider is indicated.